

John "Chip" Currens, MD
Ronald Lane, MD
Frank Melvin, MD
Robert Moore, MD
Ted Rheney, Jr., MD
Jason Roberts, MD
Stephen Seal, MD



Sinus Disorders
Pediatric ENT Care
Ear Injuries & Disorders
Thyroid Problems
Hearing Loss
Facial Plastic Surgery
Voice Disorders
Acid Reflux

Myringotomy with Tube Insertion

Diet

You may advance to a regular diet as tolerated. Some patients have nausea associated with anesthesia. This should subside in 12-24 hours. If not, please contact our office nurse.

Activity

There are no restrictions on activity.

Pain

Some patients may experience ear pain after surgery. Pain is usually well controlled with over-the-counter medications such as ibuprofen (Motrin, Advil) or acetaminophen (Tylenol). If over-the-counter medications do not help, please contact our office nurse.

Bathing and swimming precautions

Bath and shower as normal after tube placement. When swimming in a pool, earplugs are not needed unless there is discomfort from diving or submersion. In lakes, streams, rivers and oceans it is important to wear earplugs. Earplugs are available in our office if needed.

Medications

Antibiotic eardrops are often prescribed after the procedure. Please use them as directed. Oral antibiotics are occasionally prescribed.

Ear drainage

Drainage from the ears can occur after surgery. It may have a foul odor or may be bloody. Antibiotic eardrops are often used to treat this. Please call our office nurse if drainage persists after 4-6 days.

How long do the ear tubes stay in the ear?

The tubes will work themselves out on average in 12 to 18 months. The patient may still pull at his/her ears, but if they are infected, they should drain. Patients should be seen for regular check-ups until the tubes come out of the ear.

If you have any questions or concerns, please call the office and ask to speak with the nurse.

1-800-228-3127 | AshevilleENT.com

Asheville
1065 Hendersonville Rd
Asheville, NC 28803

East Asheville
1000 Centre Park Dr
Asheville, NC 28805

Brevard
188 Medical Park Dr #7B
Brevard, NC 28712

Hendersonville
709-D North Justice St
Hendersonville, NC 28791

Marion
20 Medical Park Dr #2
Marion, NC 28752